

2021 WNYPGA Junior Golf Days

Creating positive experiences early for all athletes!

Join the Western NY PGA for a day of golf FUNDamentals taught by PGA.Coach certified PGA Professionals. The events are open to students age 5 to 9.

What are WNYPGA Junior Golf Days?

The goal of WNYPGA Junior Golf Days is to offer young athletes the chance to grow their athleticism and expose young athletes to the game of golf. Instruction will be focused on Stage Two of the American Development Model (ADM), FUNDamentals, to develop skills for play focused on fun, inclusion and developmentally appropriate activities. Students age 5 to 9 will be exposed to driving, chipping, and putting through various activities and games while receiving instruction from top PGA Professionals in Western NY.

- Courses serve Ages 5 to 9 years old
- Free event for participants & open to the public (i.e. non-members at the golf facilities)
- Each event is capped at 50 participants to ensure everyone's safety & the quality of instruction
- Masks are required at these events
- The session will be 45 minutes in length



What is the American Development Model (ADM)?

Golf's new pathway is built on the principles of the American Development Model (ADM), a proven, long-term athlete development model that has been successfully applied to USA Hockey, USOC, USA Basketball and USA Lacrosse. American Development Model was designed by sports scientists to help support a lifetime affinity to sports, and to develop athletes to their greatest potential. These principles align physical and psychological development to stages, delivering appropriate skills and exercise at the appropriate time.

Scan the QR code with your smart device to register for an event!

Physical and physiological development is broken into 7 stages. Using this strategy, the right skills, exercises, and instruction can be delivered at the right time, leading to success for your students. The goal of the ADM is to engage athletes in a way that will retain students in their sports, such as golf. Learn more at [PGA.Coach](https://www.pga.coach/)

Session Schedule:

- Saturday, May 22 Chautauqua Golf Club
- Tuesday, June 29 Glen Oak Golf Course at 10 AM
- Tuesday, July 20 Livingston Country Club at 2 PM
- Thursday, July 29 The Kahkwa Club at 4 PM
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Learn more about Junior Golf in Western NY here:
<https://westernnewyork.pga.com/junior-golf/>

STAGE 1 Active Start AGE 5-6 05/15/21 06/01/21	STAGE 5 Play to Compete AGE 8-9 07/13/21 07/20/21
STAGE 2 FUNDamentals AGE 5-6 05/15/21 06/01/21	STAGE 6 Play to Win AGE 10-11 08/03/21 08/10/21
STAGE 3 Learn to Play AGE 7-8 06/08/21 06/15/21	STAGE 7 Play Golf for Life AGE 12-13 08/24/21 08/31/21
STAGE 4 Play to Improve AGE 9-10 06/22/21 06/29/21	



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