

is it
BULLYING?

When someone says or does something
unintentionally hurtful
and they do it once, that's
RUDE.

When someone says or does something
intentionally hurtful
and they do it once, that's
MEAN.

When someone says or does something
intentionally hurtful and they *keep doing it*-
even when you tell them to stop or show
them that you're upset—that's
BULLYING.

BULLYING vs. ANNOYING

BULLYING BEHAVIORS

- Hitting
- Kicking
- Shoving
- Pushing
- Bumping into
- Yelling
- Whispering mean things
- Harassing
- Name calling
- Threatening



ANNOYING BEHAVIORS

- Talking to me
- Looking at me in a funny way
- Telling me what to do
- Correcting me
- Being in my business all the time
- Trying to help
- Joking



Which one is happening to you?

Conflict **V** **S** Bullying

What is the difference?



Conflict

Bullying

•often happens where everyone can see what's happening

•happens in secrecy or out-of-the way places

•usually has lots of people around and involved

•someone is targeting one person making them feel that they are in danger

•may involve fighting, but both people fight and it usually stops quickly

•threats are used, and bullies hurt people with words or actions

•afterward, usually the problem is worked out and people are friends again

•are not friends with their targets